ᔕHealthGear
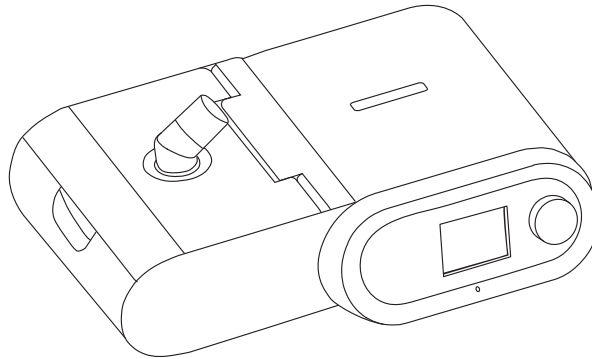
SleepZone

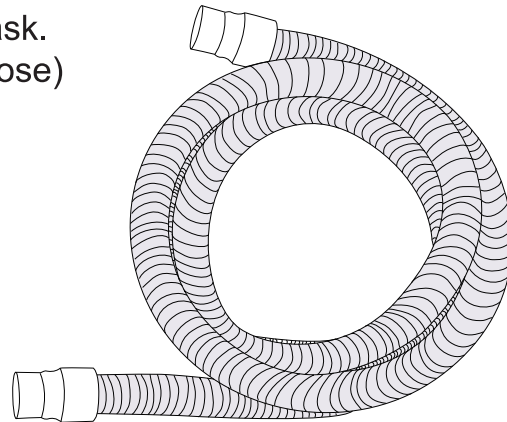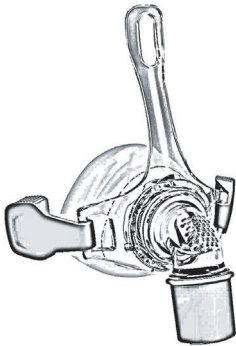Models: C2
C5

Quick Start Guide

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To download this Quick Start Guide, or the full User Manual, please visit:
cpapsales.com.au/manuals
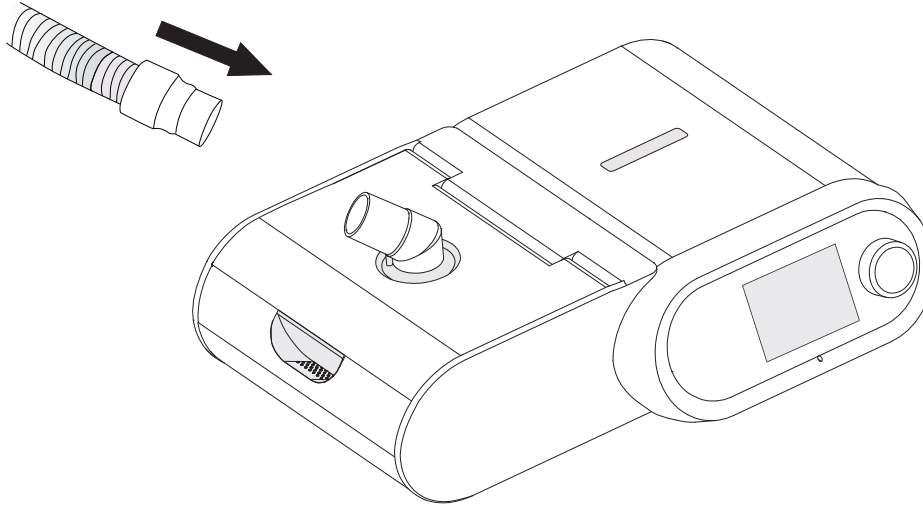
Equipment installation

Remove all the accessories from the box, including this Quick Start Guide, plus;

- Machine with heater humidifier
- USB stick (already inserted in machine)
- Power supply
- Australian power cord
- Hose

- Mask (if purchased with machine)
- Mask bag
- Spare air filter
- Travel carry bag
- Ozone circulation joint

01 Connect the hose tubing to your mask.
(Any brand of mask will fit on this Hose)

02 Connect the hose tubing to the swivel connector.

03 Fit the power cord and power supply together. Connect the mains plug to the AC wall socket and the 24VDC plug into the back of the machine.

Use of equipment

Note: Your machine will already have been pre-set by your equipment provider, and should be ready to use without any adjustments.

2.1 Start treatment

With the machine in standby mode (powered on), turn the control dial until the cursor shows the [Treat] menu. Press the control dial to start the treatment.

2.2 Stop treatment

During treatment, press and hold the control dial for about 3 seconds to stop airflow.
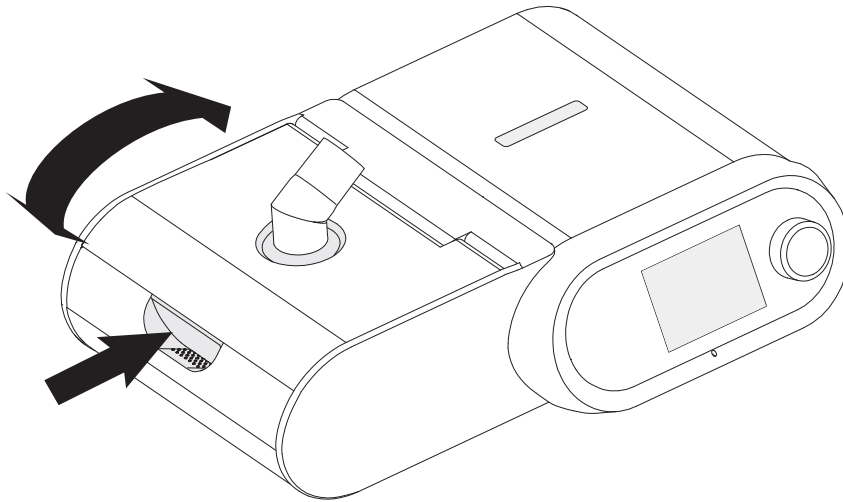
2.3 Parameter adjustment

Note: The parameters can only be adjusted in the standby mode.

Step 1   Rotate the control dial to display the [Set] menu, then press the control dial.

Step 2   Rotate the control dial to move the cursor on to the parameter that needs to be set.

Step 3   Press the control dial, and rotate to adjust parameters as required.

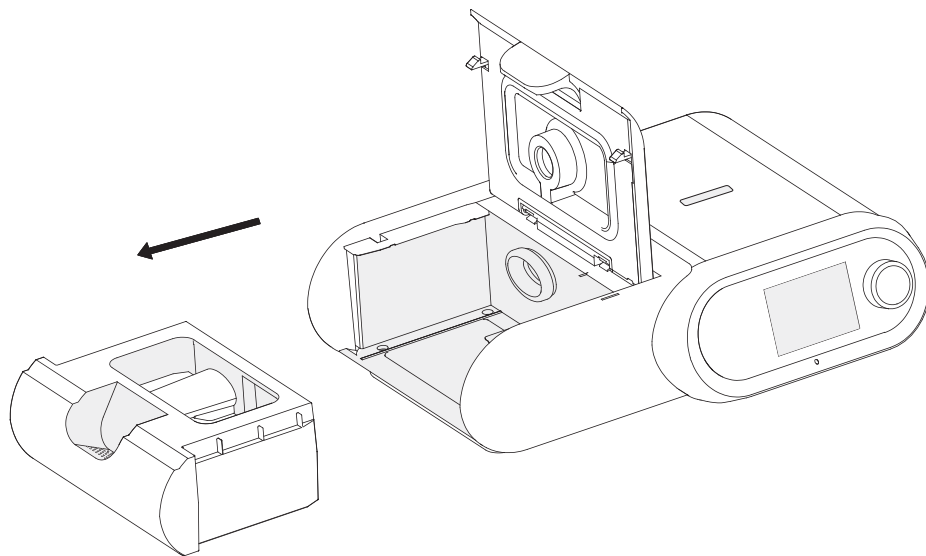Step 4   Press the control dial again to set. Repeat as needed, then return to the [Treat] menu.

2.4 Humidifier use

Note: Only use distilled water. Please check the level is below the Max. line before use.
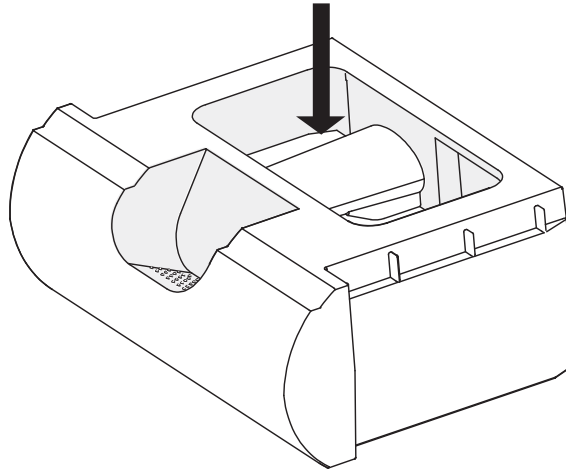
1 To remove the water tank, press the button on upper cover of humidifier and gently lift the cover upwards.

2 Fully open the humidifier cover lid and slide the water tank out of the main unit.

3 Carefully add distilled water into the water tank. Do not over-fill and do not operate without water, unless the humidifier heating is set to OFF.
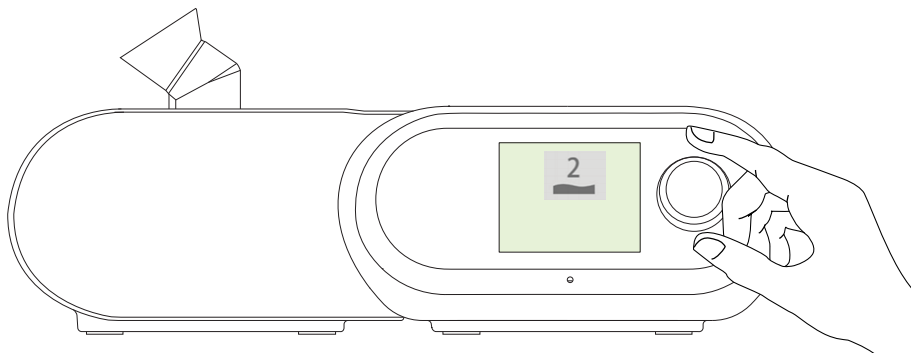

Note: A lot of patients use cooled boiled or bottled water. While convenient and safe to drink, sediment can build up. This is difficult to remove and may cause premature aging.

Note: Clean the water tank in warm soapy water once a week. You can also clean the water tank in a dishwasher, on the TOP SHELF, using a gentle/light setting.

4 Put the water tank back into the main unit and close the lid firmly before use.
If required, select the desired humidification level in the [Parameters] menu.

Note: The humidifier has 6 settings. OFF plus 1~5 (5 provides the maximum humidification)

Note: Replace the air filter every 6 months, or sooner if there are pets or smoker in the household.

2.5 Wireless Data using Wi-Fi (2.4Ghz Only)

This machine includes a wireless data option. If connected to your home Wi-Fi Network (2.4GHz only) this machine will transfer sleep therapy information to a secure cloud data cloud for remote monitoring and supervision.
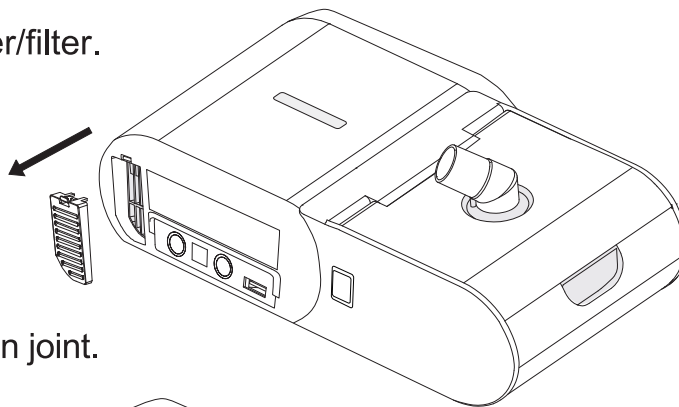
To opt-in, set up and register for this service, please visit:
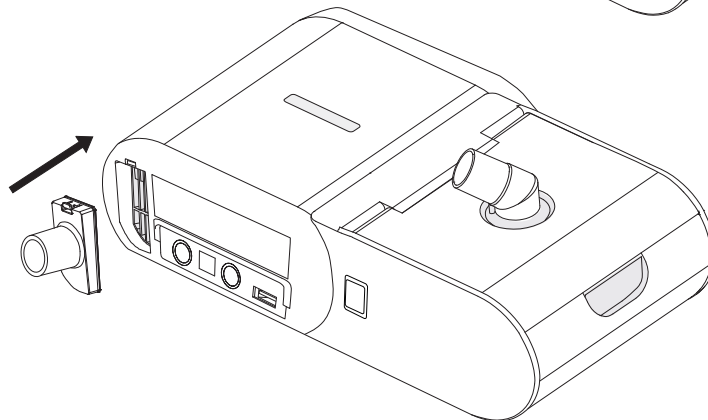
www.cpapsales.com.au/wifi-setup

Note: This machine will NOT connect to 5GHz or Dual Band Wi-Fi networks.
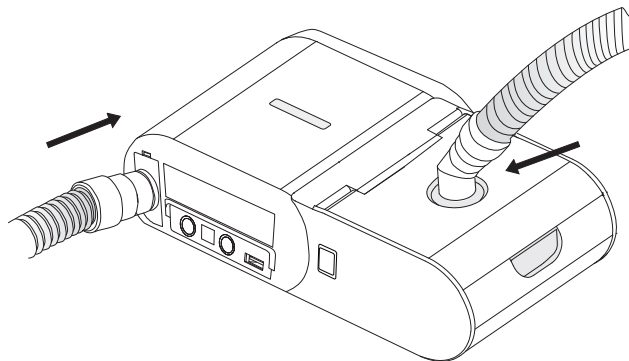
2.6 Machine cleaning

1 Remove the air inlet cover/filter.

2 Install the ozone circulation joint.

③ Remove, empty and reinsert the water tank.

④ Remove the mask from the hose and connect the hose to the ozone circulation joint.

⑤ In the [System] menu, move the cursor to [Clean] and follow the screen prompts to begin ozone cleaning. The progress will be displayed on the screen.
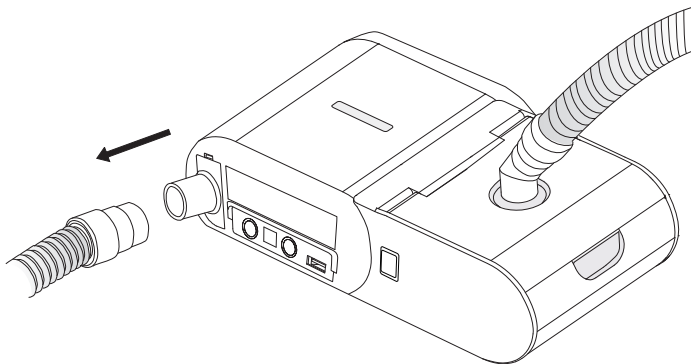
DURING THE CLEANING PROCESS, AND FOR 2 HOURS AFTERWARDS...

⚠
Note

1. Ensure no humans or animals are in the same room.

2. Do not power off the machine.

3. Ensure the machine is in a well ventilated environment.

10

6 Remove the ozone circulation connector and replace the air inlet filter.

7 Please follow the instruction on the display screen to ventilate for 10 minutes. After the ventilation ends, the machine will automatically return to the standby [Treat] mode.

4 Refit the mask ready for the next treatment therapy session.

Sleep Therapy Data

After using the Machine, you can review the sleep therapy data on screen for various time periods including 1, 7 & 30 days. With the machine in standby mode (display illuminated but no airflow), rotate the control dial to display [Info] Press the control dial and then rotate to select either 1 Day, 7 Days or 30 Days, then press again to review the time period required.

To exit the review mode, rotate the control dial and press [Exit] until [Treat] shows on the screen. The machine is now ready to use again.

We recommend you share your sleep therapy data with your equipment provider.

Quick explanation of what this terminology and numbers mean…

AHI: The Apnea Hypopnea Index (AHI) is an index of Sleep Apnea severity combining apneas and hypopneas. When using CPAP therapy, the AHI target is less than 5.0 apnea/hypopnea events per hour, and the lower the AHI number, the better.

P95:   The pressure the machine was running at for 95 percent of the time. This is typically your treatment pressure.

Leakage: Leakage percent (%) The lower number the better. If there are excessive mask leaks, the ideal treatment therapy will not be achieved. In extreme cases of mask leak with an auto machine, the pressure may increase and even switch off.

Treat Time: The treatment time in hours. This should be a minimum of 4hrs every night, and ideally 6hrs or more.

• If you feel you need to adjust any settings, please contact your equipment provider for advice.
• Please review the Frequently Asked Questions here: https://cpapsales.freshdesk.com/support/home

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